haakaa®

PERICLEANSE BOTTLE Product Manual English

MHK209 E07251

Product Name: PeriCleanse Bottle

Materials: Perineal Wash Bottle - PP, Silicone
Waterproof Travel Bag - Polyester Fabric

Dimensions: Perineal Wash Bottle - 72 × 72 × 340mm
Waterproof Travel Bag - 137 × 250mm

Capacity: 500ml

Product Description:

Cleaning up in those days and weeks after giving birth can be painful. Instead of struggling with toilet paper that can feel extremely rough, the PeriCleanse Bottle lets you gently wash your perineal area and clean yourself without worrying about hurting tender skin or pulling stitches. Ergonomically shaped for comfort, with an angled spout and retractable neck for the ultimate in targeted use, it's never been easier to clean sensitive areas after birth. The squeezable bottle lets you control the flow so it's exactly how you need it, while the 500ml capacity means there's no worrying about the water running out before you're done. It even comes with a dustproof cap and discreet, waterproof travel bag so you can take it wherever you need it. You can even continue using it as a mini portable bidet afterwards – perfect for use during menstruation or any other time you need it!

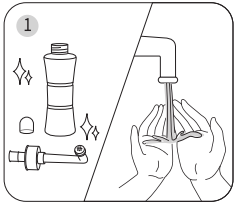
Features:

- Gently cleanses sensitive areas after birth without pressure or mess.
- Perfectly angled spout and retractable neck for easy, targeted cleaning of hard-to-reach areas.
- Ergonomic, anti-slip body provides easy flow control and a comfortable grip.
- Multiple spray holes deliver a continuous, gentle stream for thorough cleansing.
- The internal silicone ring provides a snug, leakproof fit between the spout and attachment ring during use.
- Large 500ml capacity minimises refills, so it's perfect for extended use.
- Versatile for postpartum care, menstruation, or everyday use for all ages.
- Dustproof cap keeps the spout clean and ready for use.
- Waterproof travel bag makes it ideal for your hospital bag.
- BPA, PVC and phthalate-free.

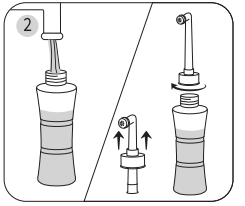
Cleaning and Care:

Before first use, disassemble and soak the bottle and lid in non-bleach-based sterilising solution for 2-3 minutes to sterilise. Wash before and after each use. To clean the bottle, wash in warm water with mild, unscented soap and rinse thoroughly. Avoid any strong cleaners, oils (including essential oils) or other substances which may irritate your perineum. The storage bag can be thrown in your regular laundry load to clean. Allow the bottle to dry in a well-ventilated area to prevent moisture buildup. Store product in a cool, dry place and avoid direct sunlight.

Instructions:



Make sure both the bottle and your hands are clean.



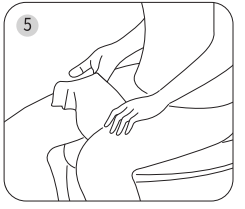
Fill bottle with warm (not hot) water. Screw top on securely and extend nozzle firmly.



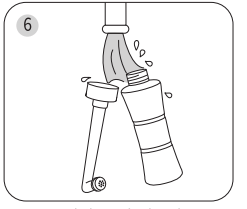
Sit comfortably on the toilet, leaning back slightly with legs open.



Hold the bottle upside down, pointing the angled neck towards the perineal area, and gently squeeze for targeted cleaning.



Gently pat the area dry with soft tissue. Avoid wiping to prevent irritation.



Empty and clean the bottle thoroughly after each use, following the provided cleaning instructions.

NOTE: When inverting the bottle, tilt slowly to avoid sudden movement. A small amount of water may overflow from the spout, which is normal.

Caution:

- Check product condition regularly. Replace if this product shows any signs of damage.
- Do not store near any sharp objects.
- This product is not a toy. Do not use this product for anything other than its intended use.
- For adult use only.
- Keep out of reach of children and pets when not in use.
- External use only. **DO NOT** insert the spout into the body for rinsing.
- For personal hygiene, **DO NOT** share the PeriCleanse Bottle to reduce cross-infection risks.
- Use as needed based on personal requirements. Excessive use may disrupt the natural vaginal flora balance.
- Always test water temperature before using. Avoid hot or cold water that could cause discomfort.
- If discomfort, itching, or other unusual reactions occur, discontinue use and consult a doctor.
- For any concerns or special conditions (e.g., pregnancy, vaginal infections), seek advice from a healthcare professional in advance.